



Psalms of Remembrance

O give thanks to the LORD, call on his name,  
make known his deeds among the peoples.  
<sup>2</sup> Sing to him, sing praises to him;  
tell of all his wonderful works.  
<sup>3</sup> Glory in his holy name;  
let the hearts of those who seek the LORD rejoice.  
<sup>4</sup> Seek the LORD and his strength;  
seek his presence continually.  
<sup>5</sup> Remember the wonderful works he has done,  
his miracles, and the judgments he has uttered,  
<sup>6</sup> O offspring of his servant Abraham,<sup>[a]</sup>  
children of Jacob, his chosen ones.  
<sup>7</sup> He is the LORD our God;  
his judgments are in all the earth.  
<sup>8</sup> He is mindful of his covenant forever,  
of the word that he commanded, for a thousand generations  
[Psalm 105]



**Reclothe us in our rightful mind**  
*A prayer for each day this week:*

Dear Lord and Father of mankind,  
Forgive our foolish ways!  
Reclothe us in our rightful mind,  
In purer lives Thy service find,  
In deeper reverence, praise.

John Greanleaf Whittier

**Seeking God's presence**

Seek the LORD and his strength; seek his presence continually  
In this Epiphany season we hear echoes of the inner resolve to continually seek the presence of God. Which of these phrases from the Gospels resonates with you? You might take one phrase each day and stay with it as the focus of your prayer

- Follow the star as it rises [Matthew 2.1-12]
- Do whatever he tells you [John 2.1-11]
- Come and see [John 1.35-39]

- Follow me [Mark 1.16-17]
- Be with me [Mark 3.14]

### Remember the wonderful works he has done

- Write your own remembrance psalm, telling your story of the people, places and events through which you have experienced God's active presence in your life.
- Create your own visual psalm of remembrance as a collage, perhaps on a pinboard, using photos, images, cards, words and whatever else helps you be mindful of God alongside you in the past and God with you now.
- Create a physical space in your home that invites you to be mindful of God as you go through your day. This might be a small table, or a corner of a room where you place a cross, an icon, something you pick up on your daily walk, coloured or patterned fabric, a photograph of somewhere that felt like a special place of encounter with God – whatever leads you into consciousness of God with you.
- Go for a walk of remembrance, inviting God to remind you of the journey you have shared together and that you continue to travel today.
- Use colours to express your experience of encounter with God at different times of your life or your experience of encounter with God in this moment. You can use crayons, paints or even different fabrics.

### Through the wilderness

<sup>41</sup> He opened the rock, and water gushed out;  
it flowed through the desert like a river.

<sup>42</sup> For he remembered his holy promise,  
and Abraham, his servant.

<sup>43</sup> So he brought his people out with joy,  
his chosen ones with singing. [Psalm 105]

Psalm 105 calls to mind how a wilderness became a place of blessing and solid rock a source of life-giving water. No-one would actively choose where we are now. There are many hardships in this time and sorrows that visit us personally or overwhelm the lives of others. Perhaps the images of wilderness blessing and water from rock can



provide a focus for our prayer for those affected in one way or another by Covid. We do not always know what to pray; we cannot always remember all those in need of prayer. Rather than use many words we ask God to release water from this rock and for rivers to begin to flow through this desert.