

Windows on God
[4 sessions, beginning 13th June]



Each week will be a personal take on a Christian spiritual tradition or figure and the light they shed on relationship with God, our experience of life and our practice of prayer. Looking through these windows will challenge and refresh our usual ways of seeing.

June 13th A shelter for the soul: *The diaries of Etty Hillesum, 1941-1943*

Christopher Chapman

In her journal Etty Hillesum describes her discovery of God's dwelling place within. This was a transformational space where the most difficult of sorrows and fears could be received and remade; the destructive becoming the creative. She came to see that this shelter holds the depths of who we are, for in its depths God is held, and we are held by God.

June 20th Dialogue with God: *The diaries of Etty Hillesum, 1941-1943*

Christopher Chapman

Etty Hillesum began to keep a regular journal as a way of reflecting on her own experience and its significance. Over time it became a place of dialogue with God. In what way might keeping a journal support our spiritual development? What are different ways of reflecting on our experience with God?

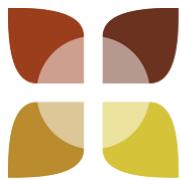
June 27th Being a microphone of God: *The witness of Oscar Romero:*

Dr. Gemma Simmonds CJ

Oscar Romero was a man of virtue who, in his early days, liked to play it safe. He lived in circumstances of desperate threat and danger in the chaos of El Salvador. His clerical status and his conservative approach to unrest within church and society protected him from the worst of what was being suffered by the poor who surrounded him. And then, everything changed...

July 4th The delightful rediscovery of the Sabbath rest

Revd. Fabian Wuyts



ST AUGUSTINE'S
COLLEGE OF THEOLOGY

As this year's programme of retreats at St. Augustine's comes to an end, we consider the idea of Sabbath. What would your working week look like if it was fuelled from a place of restfulness? The practice of Sabbath teaches us to stop and to delight in God and our lives in this world. Sabbath can transform the chronic restlessness of our condition and culture by implementing a rhythm of work and rest that ultimately produces health and life. It's a window through which we see God more clearly and experience the world and our place in it more fully.