



ST AUGUSTINE'S  
COLLEGE OF THEOLOGY

## St. Augustine's Audio Retreat series 2021-22

Autumn 2021

### Seasons of the Spirit

*An online retreat based on weekly audios  
with accompanying prayer and reflection exercises*



26<sup>th</sup> September, 2<sup>nd</sup>, 9<sup>th</sup> and 16<sup>th</sup> October

*With Harriet Johnson, Christopher Chapman and Gemma Simmonds*

Within our life with God there are different 'seasons'. We might experience winter dormancy, when nothing visible seems to be taking place, yet beyond our view, changes are taking place deep within. There are times when life seems to be breaking through our defences and fears with all the vigour of springtime – can we respond to its invitation? In the summer heat there may be moments when we recognise our need of someone to refresh us and shelter us in shade. While autumn brings fruitfulness; it also heralds fall. How do we meet the challenge of letting go?

*Seasons of the Spirit* will help us explore the ways God is active within our changing experience and the invitation this moment might hold.

# Winter 2022

## **Inclining the ear of the heart:**

*Reflections on experiencing and responding to God's invitation*



*An online retreat based on weekly audios  
with accompanying prayer and reflection exercises*

February 6, 13, 20, 27, March 6

The Bible is a story of the relationship between a God who calls us into life, and vulnerable human beings who sometimes struggle to understand the invitation held out to them, and hesitate to respond. In *Inclining the ear of the heart* we will reflect on the nature of God's call to us: how do experience it and where might it lead us? Contemplating the experience of people of the bible will help us understand our own story and the active presence of God within it. Going deeper into God leads us out with God to work for the wholeness of humankind. What might this mean for you?

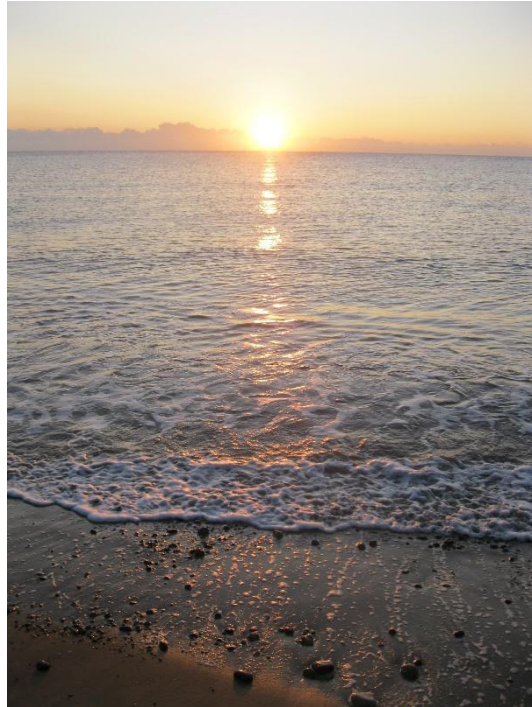
With Fabian Wuyts, Lyndall Bywater, Harriet Johnson, Gemma Simmonds and Christopher Chapman

# Summer 2022

## Meeting Mystery

*An online retreat based on weekly audios  
with accompanying prayer and reflection exercises*

May 1, 8, 15, 22, 29



We are naturally inclined towards being in control and having a complete grasp of what's going on. The experience of Covid has reminded us that mystery pervades our lives. We struggle to fix things, come up with answers and 'get a grip'. Yet relationships only deepen when we let go such control and make ourselves open and vulnerable to the other. Is it time to befriend mystery? Might we thereby become more aware of beauty and less dogged by fear? Is this the way that God's life in us, and our life in God begins to deepen?

In **Meeting Mystery** we will explore those life experiences where we encounter mystery and draw on insights from poets and Christian mystics to help us travel with hope along roads we do not know.

*With Lyndall Bywater, Christopher Chapman and Gemma Simmonds*